DATES TO REMEMBER

- **FRIDAY 15TH AUGUST**
- **MONDAY 18TH AUGUST**
- **TUESDAY 19TH AUGUST**
- **WEDNESDAY 20TH AUGUST**
- **WEDNESDAY 20TH AUGUST**

Whole school assembly commencing at 12:15pm

- Book Fair Parent Preview 3.30pm – 5.00pm in the Library
- Book Fair Sales 9.00am – 5.00pm in the Library
- Book Fair Sales 9.00am – 2.00pm in the Library
- Book Character Parade – 11.35pm

PRINCIPAL’S REPORT

Next term we will be participating in Dance2bfit. This will include one session of Dance2bfit each week starting in week 1 to week 10. Dance2bfit presents to the children a fun way to develop their gross motor coordination, aerobic fitness, socialising, learning and creating new dances. The cost is $27 for the ten sessions. A note will be sent home today.

Congratulations to all the children who participated in the University of NSW Mathematics competition today.

Good luck to our Boys Open Basketball team who play Queanbeyan West Public School in round 5 of the State Knock out on Wednesday.

Well done Sam Wright-Smith who represented NSW in the National Open Hockey Carnival held in Tasmania. NSW came third.

We are now taking Kindergarten enrolments for 2015. If your child turns five on or before the 31st July 2015 he/she is eligible for enrolment. Enrolment forms are now available at the school office. Please pass this information onto anyone else who you think may have children who starts school next year. Please phone 4447 2010 for any queries.

**Do any of these bloopers ring a bell? Ten points on parenting from Michael Grose – Parenting Expert**

1. **Repeat yourself.** If so, you are training kids to become parent-deaf. Kids learn more from respectful actions than your repeated words so talk once, twice at most, then DO something.

2. **Shout to be heard.** You are better off going below the noise baseline to get their attention rather than raising your voice.

3. **Set limits too late.** Set a limit a few weeks after new object or situation is introduced (e.g. kids get a new mobile phone, teen starts going out at night) and suddenly you are seen to be taking away a freedom. Set limits first then loosen them up later.

4. **Set no limits.** Boundaries, rules, expectations and standards teach kids what’s expected. Boys love them. They also like to push against them. When anger is in the air kids will become mad at you.....if they listen at all. Calmness makes a huge difference to effectiveness at the point of discipline.

5. **Fail to follow through.** Talk! Threaten! Nag! No way! See No. 1 above.

6. **Make consequences too harsh.** ‘You’re grounded for a month Mr. 6 year old’ is a tad harsh and will usually bring resentment not to mention confusion. Stick to the 3 R’s of respectful, reasonable and related to the behaviour when setting consequences and you can’t go too far wrong.

7. **Apply consequences when you or they are angry.** When anger is in the air kids will become mad at you.....if they listen at all. Calmness makes a huge difference to effectiveness at the point of discipline.

8. **Mix discipline with counselling.** Never mix the two as it sends mixed messages. If a child misbehaves manage that situation. If you suspect something negative is going on in their life, then deal with that at a separate time. Keep the two actions separate so they can both be effective.

9. **Defer discipline to a child care centre, pre school or school.** This is taking the easy way out and teaches kids that you don’t have real authority. Have the confidence to be the authority and take a lead.

10. **One parent is always the bad guy.** This gets wearing. Also it’s hard to have fun when you are the tough cop all the time. If you are in a two parent situation take discipline in turns. If you are parenting solo bring second parents into the act.

Michael’s web site is; www.parentingideas.com.au

R. Letters – Principal

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<tr>
<th>ASSEMBLY AWARDS</th>
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<td>KE</td>
<td>Katie Stanton/CJ Wellington</td>
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<td>K/1S</td>
<td>Kiara Edwards/Jarrah Gibbs</td>
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<td>Max Lewis/Kenneth Larkam</td>
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**CATCH ME BEING GOOD**
Winners this week are:

**HAPPY BIRTHDAY!!**
Celebrating a birthday this week:
Luke
Jarrad
Jamie
Myles
Katie
Tiana
Ty

Hope you all have a great day!!

**SHOALHAVEN PUBLIC SCHOOLS MUSIC FESTIVAL**
Tickets are now available for the Shoalhaven Music Festival where our choir will perform. Tickets are $7 each and are limited to 2 tickets per family. Tickets may be purchased from the school front office.

**LIBRARY NEWS**
Countdown to Book Week has begun! We are all looking forward to a great celebration of reading next week. Please remember your child will be making a Wish List at the book fair on Monday, but these are not order forms and there is no obligation to buy from these lists. Parents are invited to a fair preview on Monday afternoon from 3pm, and sales will continue all day Tuesday, and Wednesday until 2pm.
All classes will be participating in a book character parade after recess (11.35am) on Wednesday, where we look forward to seeing some fantastic, creative (but inexpensive!) costumes in the hall. All parents, grandparents, family and friends are invited to the parade!

Happy reading,
Mrs Robertson.

**SCHOOL GROUP PHOTOS**
Now on display in the front foyer.
Choir/Sports Captains/ Koori Group/Captains & Prefects/Library Monitors
Order envelopes are available from the front office. Orders are due back by the Friday 29th August.

**LOST PROPERTY**
Student lost property has recently been sorted and relocated to the hallway cupboard outside the library. Please take some time to look in lost property if your child has lost a uniform item or other piece of clothing. Parents are also reminded to make sure their child's belongings are clearly labelled. Thank you.

**P&C MEETING 26TH AUGUST 7.00PM IN THE SCHOOL LIBRARY**

**CANTEEN NEWS**
The Canteen is currently supporting Fresh for Kids Eat Fresh & Win. With each piece of fruit purchased you receive a novelty ring and a token. Collect two tokens to go in the major draw to win some fantastic prizes.

**Shoalhaven High P&C Trivia Night**
15th August – 6.30pm
$10 per person – 8 per table
RSVP Wednesday 13th August
Contact the school canteen for bookings – 4421 6006
BYO Food & Drinks – Sausage sizzle upon arrival.

**CBOOSH – Out of School Hours Care**
Monday – Friday 3pm – 6pm during the school term
Monday – Friday 8am – 6pm during the school holidays and pupil free days.
Contact Jacinta on 4447 3069 and leave a message.

**CULBURRA JUNIOR TOUCH FOOTBALL**
AGM this Saturday 16th August 3.00pm at Culburra Bowling Club.
Positions to be filled are
Secretary/Treasurer and Canteen Coordinator.
Any enquiries please contact Jacinta on 4447 3519.

**Culburra & Districts Preschool**
20 Otway St Orient Point
Ph: 4447 2505
Community Managed Not-for-Profit Preschool
Catering for 2-6 year old children
Early Childhood + School Readiness Program run daily
Occasional Care Available
Open Mon-Fri 8am to 4pm
8 hours care for all children
Come and visit our preschool and meet our qualified, caring staff.
ENROL NOW!!

**CULBURRA BEACH PRESCHOOL**
4447 3838
Ages 2 to 6 years Sunshine Street
Culburra Beach 8am—4.30pm
Families can receive CCB (Child Care Benefit) PLUS the 50% Child Care Cash Rebate

- Families that have a Health Care Card or receive “Family Tax Benefit Part A” will pay as little as $9.90 per day after receipt of 100% CCB plus the 50% cash rebate
- Awarded “High Quality” rating on six out of six occasions by the National Childcare Council
- Qualified staff working in a happy environment
- Individualised early childhood learning program preparing your child for Kindergarten
- Morning & afternoon tea are provided FREE
- Open 48 weeks of the year
- No charge for Public Holidays and No fundraising
- Enquiries & visits welcome
- Please call in to see “Maureen”

**Pictures of Love**
All women are invited to an evening with guest speaker, Cecily Paterson at Culburra Anglican Church.
Please come and join us on:
Thursday 28th August, 7.30pm
Culburra Anglican Church (Cnr Penguin Head Rd and The Lake Circuit)
Tea & Coffee provided
This is a free event. All women are welcome.
For more information contact Ingrid
0425290123
 ingridmcp@gmail.com

Culburra Cougars
All players please come to the oval on 23rd August to watch our last home game. Wear your uniform as there will be a photo taken with all the club members.